

# Joint Replacement Surgery Care Partner Agreement

Patient Sticker

A successful recovery from joint replacement surgery means lots of planning to get ready for surgery. It also means being prepared for your recovery after surgery.

You may go home on the same day of surgery or on the day after surgery. Be sure to talk about this with your doctor.

## Your Care Partner

**Part of planning is having a Care Partner.** This is someone who will support and help you before and after your surgery. You need to let us know who your Care Partner is before surgery.

Make sure to share this information with your Care Partner before surgery. Bring your Care Partner to your appointments before and after surgery when possible.

### A Care Partner can help in the following ways:

- Help you to prepare for surgery
- Help you with your recovery from surgery
- Bring you to and from the hospital for your surgery. You will need a ride.
- Help you to make it on time to your surgery
- Help you to get your questions answered
- Provide emotional and physical support
- Pick up your prescriptions (for example, pain medicine) at the pharmacy
- Help you to understand medication and instructions after surgery
- Help to prepare healthy food for you to eat during your recovery
- Be able to help you at home for the first few days after surgery

**A Care Partner does not** need to provide medical treatment, such as wound care or bandage changes, and **does not** need to provide help with physical lifting.

## Care Partner Information

Do you have someone who can be your Care Partner?  Yes  No

**If yes:** Care Partner Printed Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

**If no:** choose 2 people who you will ask to be your Care Partner.

**Do you give us permission to contact your Care Partner to talk about your care plan?**

Yes  No